

Women	0	2-4	6-8	10-12	14-16	18-20	22-24	26-28	30-32	34-36
Bust	31-32	33-34	35-36	37-39	40-43	44-47	48-51	52-55	56-59	60-63
Waist	23-24	25-26	27-28	29-31	32-35	36-39	40-43	44-47	48-51	52-55
Hip	33-34	35-36	37-38	39-41	42-45	46-49	50-53	54-57	58-61	62-65
Men	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	29-31	32-34	35-37	38-40	41-44	45-48	49-52	53-56	57-60	61-64
Waist	22-24	25-27	28-30	31-33	34-37	38-41	42-45	46-49	50-53	54-57
Hip	29-31	32-34	35-37	38-40	41-44	45-48	49-52	53-56	57-60	61-64

Use this chart to determine your white coat size. If one of your measurements is between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurement. Bust/Chest measurements are the most accurate for white coat sizing.